



Fascial Manipulation® Level II hybrid

“Manus sapiens potens est: only a knowledgeable hand is powerful”

Program part IIA on-line

DIAGONALS: basic science

Anatomy of the diagonals: fusion lines	Prof. Antonio Stecco
Golgi tendon organ	Prof. Carla Stecco
Ankle sprain and functional ankle instability	Prof. Antonio Stecco
Diagonals logics	Prof. Antonio Stecco
Dermatome and fasciatome	Prof. Carla Stecco
Biomechanical properties of the fascia	Prof. Carla Stecco
Paratenon	Prof. Carla Stecco

DIAGONALS: clinical science

Diagonal of an-me: localization of the CFs and position of the treatment	Prof. Antonio Stecco
Diagonal of an-la: localization of the CFs and position of the treatment	Prof. Antonio Stecco
Diagonal of re-me: localization of the CFs and position of the treatment	Prof. Antonio Stecco
Diagonal of re-la: localization of the CFs and position of the treatment	Prof. Antonio Stecco

SPIRALS

Anatomy and physiology of the retinacula's	Prof. Carla Stecco
The spirals: anatomy	Prof. Antonio Stecco
The superficial muscles and the global motor gesture	Prof. Carla Stecco
The spirals: logic and strategies	Prof. Antonio Stecco
fascia and aging	Prof. Carla Stecco
Fascial evolution	Prof. Antonio Stecco

Program part IIB on-site

Day 1st

8.30-10.30	Review of the CCs and CFs of the head and trunk	Practical
10.30-10.45	Break	
10.45-13.00	Review of the CCs and CFs of the lower limb	Practical
13.00-14.00	Lunch	
14.00-16.00	Review of the CCs and CFs of the upper limb	Practical
16.00-16.15	Break	
16.15-18.00	Treatment of a patient by instructor – anamnesis, hypothesis, movement tests and palpation verification, treatment.	Demonstration and discussion

Day 2nd

8.30-10.00	The Fascial Manipulation® Spirals	Theory
10.00-10.15	break	
10.15-11.30	Demonstration of the Spirals by the participants	Demo Practical
11.30-13.00	Treatment Strategies for Spirals	Theory
13.00-14.00	Lunch	
14.00-16.30	Treatment of the participants with supervision	Practical
16.30-16.45	Break	
16.45-19.00	Review of the charts and discussion	Demo Practical

Day 3rd

8.30-11.00	Treatment of a patient by group – anamnesis, hypothesis, movement tests and palpation verification, treatment, re-assessment.	Practical
11.00-11:15	Break	
11.15-13.00	Review of the chart and discussion	Discussion
13.00-14.00	Lunch	
14.00-15.00	The second treatment, logics and strategy	Theory
15.00-15.30	Exam	Practical
15.30-16.15	Presentation and basic principles of level III	Theory
16.15-17.00	Discussion and conclusion	Discussion

This program may be subject to changes according to organizational requirements